

HEALTH & SOCIAL CARE PARTNERSHIPS - HOSTED SERVICES OVERVIEW
TEMPLATE

NAME OF SERVICE: Specialist Older Adults and Rehabilitation Services

HOST HSCP: Aberdeen City

SERVICE OVERVIEW

Specialist Rehabilitation services provide the following;

1. 4 specialist rehabilitation units (all at Woodend Hospital);
 - Neuro-Rehabilitation unit (12 beds); all Grampian residents
 - Stroke rehabilitation unit (28 beds); predominantly City and Shire, very rarely Moray
 - Ortho Rehabilitation Unit (20 beds); City and Shire only
 - Amputee rehabilitation unit (6 beds); all Grampian residents
2. Craig Court closed Dec 2022. A review of the neuro rehabilitation pathway is currently underway as part of the Delivery Plan and this will include recommendations regarding future provision of transitional living arrangements
3. Horizons Rehabilitation Centre; a one stop out-patient service for adults across Grampian with a neurological disability or impairment. The centre provides multi-professional input to support service users in managing their long-term condition and a focus on vocational rehabilitation where possible.
4. Mobility and Rehabilitation Services (MARS); provides Wheelchair and specialist seating services across Grampian and to the Northern Isles as well as Grampian-wide prosthetic and orthotic service (artificial limbs and splints).
5. Consultant in rehabilitation medicine – provide out-patient services; both general and sub-speciality - acquired brain injury, spinal cord injury, multiple sclerosis, amputee rehab, posture and movement (including baclofen pump implantation in conjunction with regional neuro-surgical service)
6. In-reach consultant rehabilitation medical and clinical leadership service to Major Trauma Centre

The Specialist Older Adults Service, including the Department of Medicine for the Elderly (DOME), provides (across City and Shire unless specified);

1. Acute geriatric service in ward 102, the Frailty Unit in Aberdeen Royal Infirmary – a 25 bedded assessment unit for older adults with decompensated frailty syndromes with full multi-disciplinary service model to enable rapid timely provision of comprehensive geriatric assessment.

2. Community geriatrician alignment; providing a variety of activity across Aberdeen city and Aberdeenshire such as GP practice visits for table-top discussion, community hospital ward rounds, out-patients clinics, consultant input to city specific Community Adult Assessment and Rehabilitation (CAARs) MDT
3. Sub-specialty OP service; movement disorders, Parkinsons, syncope
4. Liaison work in ARI (e.g. Consultant input to ARI wards following speciality referral, the, Discharge Hub, and Orthogeriatric ward rounds)

In addition, Rosewell House is a critical part of the Frailty pathway. It is a 40 bedded intermediate care integrated facility providing step-down and step-up care for 30 Aberdeen city residents. The remaining 10 beds are for temporary step-down from ward 102 for Aberdeenshire residents as part of the emerging frailty pathway model within the Aberdeenshire HSCP.

PERFORMANCE

This is an area requiring development and will be progressed during 2023/24. There have not been specific aims and targets set for this service as a whole however activity and performance are monitored within specific service areas. The service monthly finance meeting ensures a robust oversight of the financial performance. There is a need to review and agree the process to consider and manage cost pressures for hosted services.

ACTIVITY

Data can be provided if required. The full list of activity numbers would relate to;

1. Stroke Rehabilitation Unit
2. Ortho Rehabilitation Unit
3. Neuro-rehabilitation Unit
4. Prosthetic Amputee rehabilitation beds
5. Prosthetic service
6. Orthotics Service – split into three types of referral
7. Wheelchair service – split into three types of referral
8. Rehab Medical OP service – 5 sub-specialties
9. Horizons MDT service
10. Older Adults Rehabilitation service at Woodend
11. Continuing care/interim beds at Woodend
12. Ger med Medical OP service – 3 sub-specialties
13. Acute geriatric service at ARI
14. Community geriatrician alignment workload

FINANCE

Current forecast position is £700,000 overspend. However, this is offset by an approx. £600,000 contribution from Aberdeenshire for beds at Rosewell.

SERVICE ISSUES

- Increased demand across all services
- Rising demand for Shire community hospital or alternative provision capacity to reduce bed days waiting transitions of care.
- Increased complexity of clinical presentations – e.g., increase in demand for younger adult specialist care provision.
- Closure of Craig Court, alternative options for transitional living being considered as part of neuro rehab review.
- Difficulties in out of hours staffing across the Woodend site and Rosewell House, redesign of the medical/nurse practitioner workforce underway.
- Difficulties with Consultant geriatrician and nurse staffing on wards are consistent themes in regards workforce challenges.
- Current stage of frailty pathway whole system redesign means that bed capacity has been redesigned creating investment capacity but still in the process of investing this resource and designing the models of community-based response to mitigate reduction in bed capacity. This effectively bottle-necks the bed capacity for a period whilst the community investments are embedded/mature.

FINANCIAL ISSUES

1. Large overspends in some ward areas (Stroke, Neuro Rehab and 102) due to a number of factors around acuity of patients, staff sickness absence. Workload tools have been completed with neuro rehab staffing numbers being adjusted.

2. Wheelchairs - £103k overspend at Month 10 22/23. This is due to a number of factors including significant increase in equipment/carriage costs, increased demand and complexity of patient presentation. Work being undertaken to review service pressures and costs.

LONGER TERM PLANS

- Continued embedding and implementation of the frailty pathway redesign.
- Complete and implement the agreed plan from the current neuro-rehab pathway review.
- Review of specialist rehabilitation services and wider rehabilitation pathways across Grampian – a position paper outlining the current thinking is currently being prepared.

Completed by:

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